

# Your Partner in Chronic Care Management

Welcome to NuvoAir Medical! Our chronic care management program (CCM) is designed to help you manage your pulmonary conditions such as Asthma, COPD, Congestive Heart Failure, and Sleep Apnea. Our goal is to help you stay out of the hospital and live a healthier, happier life.



## As part of NuvoAir Medical, You'll Receive

### Same-day virtual visits

Talk to our care team as often as you need through video, phone, and text.

### Customized care plans

Get help that's tailored to your unique needs, including quitting smoking, weight loss programs, breathing exercises, or sleep testing.

### Easy-to-use tools

We'll provide you with free and easy-to-use devices that will monitor your breathing, detect infections and flare-ups, and update your pulmonologist on your progress.

NuvoAir Medical provides virtual appointments with specialists, and we collaborate with your doctors to ensure you receive seamless care.

## What Happens Next?



### Answer the Phone

The NuvoAir team will contact you in the next three to five business days.



### Consent

You'll need to give your consent to join NuvoAir.



### Answer Some Questions

An enrollment coordinator will help you fill out the paperwork.



### Make a Plan

A health coach will contact you to personalize your care plan.

After the devices arrive (within 2 weeks), we'll schedule an onboarding session with your dedicated care coordinator. They will assist you with your health goals, medication adherence, and reducing exacerbations.

You'll have monthly check-ins to update your goals and address any questions about medications, DME supplies, and more. Your care coordinator will also monitor your biomarkers for signs of illness, distress, or exacerbations.

## NuvoAir Medical: Comprehensive Care for Chronic Conditions

NuvoAir Medical gives you and your loved ones an extra level of support managing issues like trouble breathing, difficulty sleeping, and staying on track with your treatments.